

Resources for New Couples

Book List

- “The Seven Principles for Making Marriage Work” by J. Gottman & N. Silver
- “What Makes Love Last?: How to Build Trust and Avoid Betrayal” by J. Gottman & N. Silver
- “Hold Me Tight: Seven Conversations for a Lifetime of Love” by S. Johnson
- “Wired for Love” by S. Tatkin
- “Passionate Marriage: Keeping Love and Intimacy Alive in Committed Relationships” by D. Schnarch
- “Dating Fun for Couples: 400 creative dating ideas for you to try” by V. Jensen

Tools

52 Series: Really Romantic Dates Cards (*find on Amazon*)

52 Great Cheap Dates (52 Series) Cards (*find on Amazon*)

Gottman Card Decks (*find on www.Gottman.com or download free app for your smartphone*)

www.couplecheckup.com

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